



### ***Social Prescribing Link Worker Impact Case Study***

Name of case study: Black Country and West Birmingham Training Hub & NALW collaboration Abdullah Mohammed –Social Prescribing Link Worker Sandwell PCN	
<b>Brief overview of case</b>	Abdullah Mohammed, Social Prescribing Link Worker Sandwell PCN, shared a significant case study highlighting the impact NALW had after just one month of membership. The Black Country and West Birmingham Training Hub signed up all SPLW within their Integrated Care System area to NALW comprehensive membership as part of their integrated support offer to link workers in their patch.
<b>Summary of the support provided</b>	One month on from joining NALW, a link worker had the following to say about how their NALW membership supported them to be more effective in their role.
<b>Summary of outcome and impact (please include quotes) If published elsewhere, please include links.</b>	<p>I work as part of a cluster of 5 GP practices and have been a member of the NALW for over a month now. It has been a blessing and a resource I constantly refer to. The comprehensive members area is full of useful information and the wealth of webinars and training available are saved for playback later. This has been particularly useful as I sometimes have patient commitments and I am unable to make the live sessions. The training around difficult conversations was very useful as this form a big part of our role.</p> <p>I have started the confident link worker course on the platform (currently completing bronze) and I am looking forward to digging in and working my way up to platinum level as this is in line with a lot of the stuff we are already doing (health coaching).</p> <p>One section I have yet to make use of is the “documents” tab. As a social prescriber we collate a lot of information whether it is templates. Info packs or resources for patients and this tab allows us to keep everything all in one place which will come in handy.</p> <p>There is a big emphasis on networking and they have regional conferences for each area allowing you to learn more and meet people in your locality doing similar work. In addition to this the messaging section has been amazing as I have now met another local link worker who asked a question on the platform around working with hard to reach/migrant groups. I emailed the Link worker, we bounced ideas and are now in regular contact to support and reflect as well as fill gaps in our own knowledge.</p>



	<p>I was unfortunately unable to secure a place on the upcoming mental health training which is right up my alley with my psychology background. I was however informed that another cohort would be announced in coming months, so it is good to know that training (if you miss it) will come back around again.</p> <p>Mani (training hub coordinator) has been great communicating regularly via email and I look forward to seeing how the platform grows over the coming months. It is great to be a part of this platform and I can see it growing and flourishing over the years as more people join and use it.</p>
<b>Lessons learned/Tips for others or future plans (optional)</b>	

*Case studies are likely to be published on the NALW.org.uk website and associated social media channels, as well as potentially used with partner organisations to enhance research and promotion of issues impacting social prescribing link workers. Submission of case studies implies consent for wider distribution.*