

Social Prescribing Link Worker Impact Case Study

Name of case study: Community Connect	
Brief description of the client's/patient's issue	<p>Anne (not her real name) had had a fall at home and once discharged from hospital she was told to move in with her daughter, who lived in a different town, as it was not safe for her to live alone anymore.</p> <p>Anne's new GP referred her as she was concerned that Anne was not feeling confident to leave the house since her fall and was feeling lonely in her new town. This was also causing tension in her relationship with her daughter as her house was quite small for both of them to live in and her daughter was struggling to balance full time work and caring for her mum.</p>
Summary of the support provided	<p>The link worker visited Anne and her daughter at home where they discussed how Anne was feeling nervous but would really like to make some friends in the town and to build a new life there. The link worker gave Anne a list of local social groups to look through, and Anne chose a knit and natter as she had enjoyed that where she used to live. The link worker also referred Anne's daughter to a charity supporting carers and enabled them both to see a caseworker from Citizens Advice to talk about getting attendance allowance and carers allowance, and to put Anne on the housing register.</p>
Summary of outcome and impact (including quotes)	<p>When the link worker called Anne to see how she was getting on a few weeks later, Anne had not tried the group yet so we agreed that she could take a first step by just going to the library and letting them know she was interested in joining.</p> <p>At our next follow up call, Anne's daughter answered the phone and said that her mum couldn't come to the phone as she was out at a coffee morning! She said that once Anne had taken that first step, she had felt able to try the knitting group and had had such a good time, she wanted to try another group as well. Anne's daughter says that she now goes to 3 or 4 groups a week!</p> <p>Anne told us, 'you really have moved mountains for me!' Anne and her daughter are now receiving the benefits they are entitled to and Anne is on the housing waiting list. Anne's daughter receives support from her Carers' adviser.</p>