CORE GENERALIST SKILLS

- Coaching approach e.g. Motivational Interviewing
- Strength based approach
- Goal setting & action planning
- Signposting & referral
- Social determinants of health assessment
- Collaboration & partnership working
- Workload management
- Creativity and innovation
- Communication
- Active listening
- Questioning
- Record keeping
- Team working
- Reflective practice
- Change management
- Evaluation
- Service mapping
- Presentation
- Personal development plan
- Mindset
- Person centred
- Solution focused approach
- Mindset
- Presentation